

Mike Anastasia Mainstream Teach Order Single Squares Fall 2019

Week 1

Allemande Left
Circle Left/Right
Courtesy Turn
Dosado
Forward and Back
Grand Square
Ladies Chain
Four Ladies Chain
Pass Thru
Promenade and
Promenade Halfway
R/I Grand
Right and Left Thru
Turn Partner by Right
Weave the Ring

Week 2

Bend the Line
California Twirl
Half Sashay
Star Thru
Trade
Couples Trade
Veer
Wheel And Deal

Week 3

Chain Down the Line
Separate
Split Two
Around # into the
Middle
Around # to a Line
Square Thru
Swing Your Partner

Week 4

Ladies/Men Promenade
(Inside)
Ladies in /Men Sashay
Lead Left/Right
U Turn Back

Week 5

Couples Circulate
Hinge
Run
Step to a Wave
Swing Thru/Left Swing
Thru
Facing Couples Rule

Week 6

All 8 Circulate
Box the Gnat
Column Circulate
Dive Thru
Touch ¼
Wrong Way Grand
Zoom

Week 7

Left/Right Stars
Pass the Ocean
Star Promenade
See Saw
Walk Around Your
Corner

Week 8

Allemande Left to an
Allemande Thar
Do Paso
Shoot the Star
Trade By
Walk and Dodge
Wheel Around

Week 9

Cross Run
Extend
Ferris Wheel
Scoot Back
Turn Thru

Week 10

Flutter Wheel
Reverse Flutter Wheel
Split/Box Circulate
Slide Thru
Sweep a Quarter

Week 11

Cloverleaf
Double Pass Thru
First Couple Left/ Next
Couple Right
Pass to the Center
Slip the Clutch

Week 12

Allemande Left in the
Alamo Style
Balance
Cast off ¾
Centers In
Roll Away
Single FILE Promenade
Backtrack

Week 13

Circle to Line
Eight Chain Thru
Fold
Spin The Top
Ocean Wave Rule

Week 14

Cross Fold
Recycle
Spin Chain Thru
Tag the line - ½ ¾ and
Full

Week 15

Dixie Style to a Wave

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This work is derived from [Tech Squares Class Handouts and Definitions](http://www.mit.edu/~tech-squares/lessons/) <http://www.mit.edu/~tech-squares/lessons/> by [Tech Squares](http://www.mit.edu/~tech-squares/lessons/) and distributed under the same license. It has been modified by spreading the program out from 8 weeks to 15.