

## Mike Anastasia Square Dance Class - Definitions for Week 5

**COUPLES CIRCULATE:** Typical starting formation - two faced lines. Trailing couples (dancers facing into the square) walk forward to take the position of the couple ahead of them. Lead couples (facing out) flip over as a unit, following a semi-circular path to the position being vacated by the couple they started with.

**HINGE:** Typical starting formation - mini-wave. Dancers 1/2 trade. From a mini-wave, this is equivalent to arm turn 1/4. Ends in a mini-wave. On Couples Hinge, each couple works as a unit and hinges with the other couple. Couples Hinge starts in a two-faced line or one-faced line and ends in a two-faced line.

**RUN:** Typical starting formation - couple or mini-wave. The designated dancer moves forward in an arc to end facing the opposite direction in their partner's original position. The non-designated dancer moves without turning into the designated dancer's original position.

**STEP TO A WAVE:** Typical starting formation - facing dancers. Dancers 1/2 pass thru; that is, they step forward and slightly to the left to take right hands. Ends in a right-hand mini-wave.

**SWING THRU/LEFT SWING THRU:** Typical starting formation - wave. In each wave of 4 dancers, those who have right hands joined arm turn 1/2, and those who now have left hands joined arm turn 1/2. On Left Swing Thru, dancers who have left hands joined arm turn 1/2, and those who now have right hands joined arm turn 1/2.

**FACING COUPLES RULE:** Calls from waves that start with an arm turn (for example, Swing Thru) can also be called from facing couples. In this case, the dancers step to a right-hand wave (unless the call explicitly starts with left, in which case, they step to a left-hand wave) and do the call.

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