

Mike Anastasia Square Dance Class - Definitions for Week 12

ALLEMANDE LEFT IN THE ALAMO STYLE: Typical starting formation - squared set. Dancers allemande left with their corners, but instead of stepping forward, they maintain their forearm grip with their corners and take right forearms with their partners. Ends in an alamo ring.

BALANCE: Typical starting formation - alamo ring or wave. All dancers take a small step forward and bring their other foot forward to close. All dancers then take a step back and bring their other foot back to close.

CAST OFF 3/4: Typical starting formation - couple or mini-wave. From a mini-wave, dancers arm turn 3/4 pivoting around their joined hands. Ends in a mini-wave. From a couple, the centers walk forward in a 270° arc around their handhold while the ends back up. Ends in a couple facing in.

CENTERS IN: Typical starting formation - completed double pass thru. Ends slide apart without turning to make room for the centers, who step forward in between the ends to become centers of a line. Ends in lines.

ROLLAWAY: Typical starting formation - couple. The right-hand dancer moves forward toward their partner turning 360° to end on the other side of their partner. The original left-hand dancer slides over to the right. Ends in a couple with the dancers having switched positions.

SINGLE FILE PROMENADE: Typical starting formation - columns or single file promenade. Dancers walk forward single file in promenade direction. On Single File Promenade Home dancers stop when they get home and face in. Ends in single file promenade or squared set.

BACKTRACK: Typical starting formation - single file promenade. Designated dancers flip away from center 180° and walk around the outside in the opposite direction while centers continue to single file promenade.

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This work is derived from [Tech Squares Class Handouts and Definitions](http://www.mit.edu/~tech-squares/lessons/) <http://www.mit.edu/~tech-squares/lessons/> by [Tech Squares](http://www.mit.edu/~tech-squares/) and distributed under the same license. It has been modified by re-ordering the calls to match Mike's syllabus.